



# 2022-2023

## Annual Report



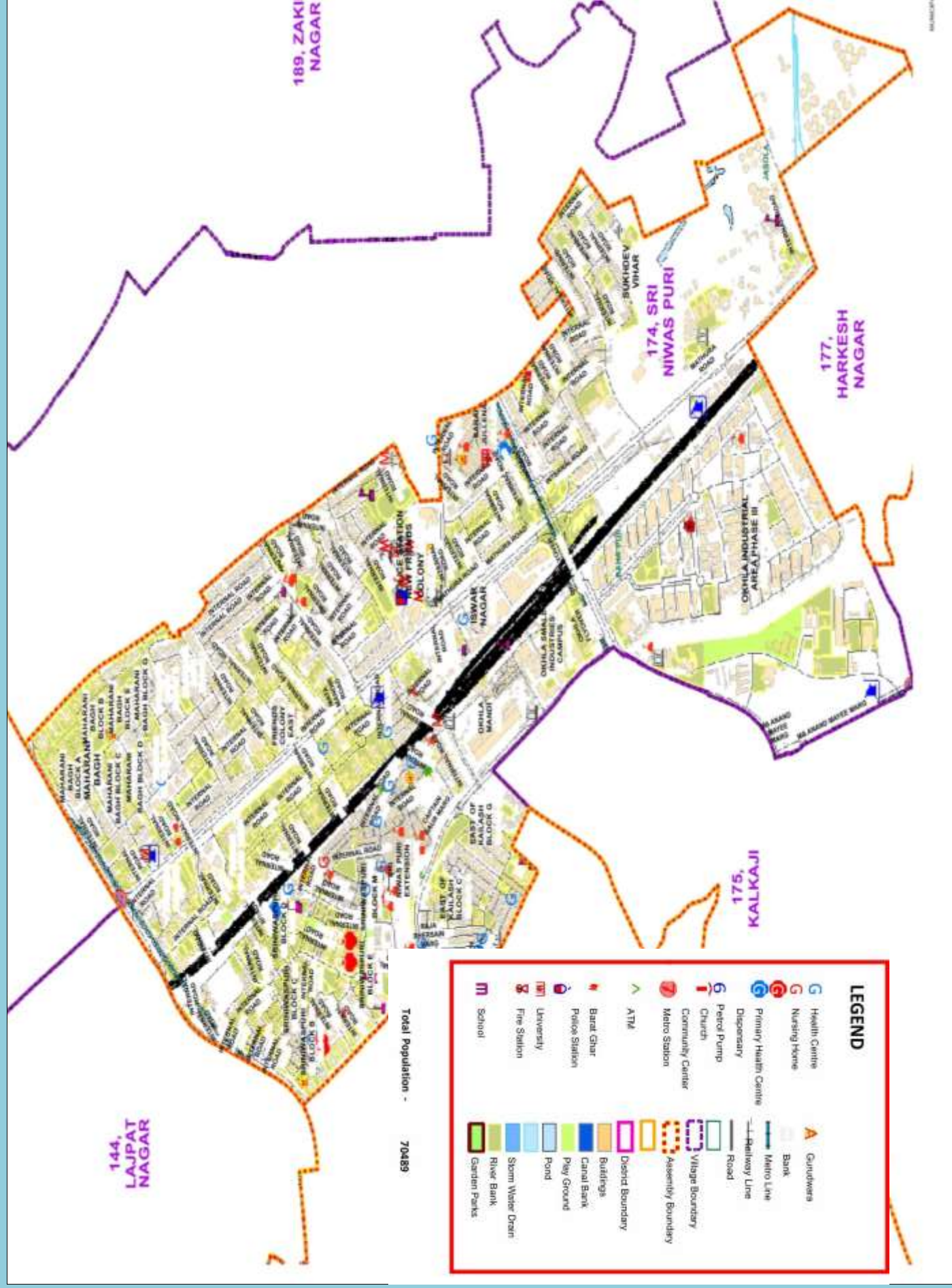
### DO BETTER FOUNDATION

lets create some good vibes...

2022-2023

First year of journey and still miles to go...

# MAP of Sri Niwas Puri South Delhi



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# MESSAGE

Hello Friends

I am Rahul, I am a teacher by profession. When I stepped into the world of education, I saw that there are many children in the society who do not even know how study properly and most of them belongs from poor community and there were many who untouched by education also. I felt very sad, then I decided that I have to make education reach all of them in the society, explain the importance of education to everyone.

In my initial days I have taught children of the community from areas like Jama Masjid, Mithai Pul, Sri Niwas Puri. Today I have completed 4 years Teaching children I have taught children in slums. Then on May 2022, I formed an organization called Do Better Foundation and my AIM was to educate the future young children of the country.

I started educating children in Sri Niwas Puri through Do Better Foundation then I came to know about the problems of the society, I came to know that women of the community have no hold on education and they are deprived of their rights as well. Then I started the work of educating children as well as women. Gradually we also started awareness programs on various issues like save water, help animals, protect environment etc..

Slowly I came to know that the youth of the slum do not know any special work. Then I decided in my heart that they have to learn hand skills so that they can make their future. Then in April 2023, I will start a vocational course Beauty Culture in Dallupura Delhi. where I am providing teaching beauty culture skills to young women.

Still my purpose is not fulfilled. I want to work for the betterment of the society even more in the future. Mahatma Gandhi had a dream that "every person should have some work of his own", I also have this dream that I should reach the people of the lower strata of the society so that they do not consider themselves weak and become an example for the society.



*Rahul*

Mr. Rahul

Founder cum Director

Do Better Foundation





## Mr. Yogesh

### Treasurer

A dynamic personality who never forgets to wear his smile. His excellent leadership and inter-personal skills have helped the Foundation to successfully execute their Health, Nutrition, Co-curricular activities programs. Despite being busy, he has played many important roles for the organization, he supports the foundation in every possible way; Be it as a teacher or volunteering with professionals.

## Trustees



**Mr. Rahul Kumar**

A down to earth person who has dedicated himself as a social worker. Despite being employed in a big hospital name AIIMS, the passion he has for social service is commendable. He is always ready to contribute generous support through the do better foundation



**Mr. Neeraj**

A simple and generous person who faces all challenges easily and with a smile on his face. His down-to-earth attitude makes him the person who helps take the team forward.

# INTRODUCTION



Mr Chandan Acharya  
General Secretary  
Do Better Foundation

Hi,

"It is a great privilege to be part of the Do Better Foundation as General Secretary. As a professional working in the private sector, I could not say no when my friend, who is the director of this organization, asked me to join them. I have had the opportunity to work with this great organization staffed with dedicated individuals who share my passion for creating positive change. Despite the demands of my daily work, I have been driven by the desire to make a meaningful impact in the lives of others and have seen first-hand the tireless efforts of my team, volunteers and partners. I am proud to report on our collective achievements. This report highlights our progress, challenges and future aspirations, and I am grateful for the trust placed in me to lead this organization forward."

A handwritten signature in blue ink, appearing to read 'Chandan', with a long horizontal stroke extending to the right.

## WHO ARE WE

**Do Better Foundation** was seeded on 01/05/2022. The Foundation is a non-profit organization Committed to the holistic development of society, environment and secular in nature. Operating in the settlements colonies of Delhi This organization helps in education and spreading awareness between in helpless children and women, helpless animals by feeding them and also contributes to improve the nature by plantation and spread awareness.

Do Better Foundation is legally registered as a Trust under Indian Trust Act 1882, 80G, 12A. Donations are exempt from Tax u/s 80G of Income Tax.

Do Better is committed to the mission of making the underprivileged and weaker sections of the society self-reliant and building an inclusive society. Do better Foundation has founded by Delhi Based 5 friends and started working from 01-06-2022.

## OUR VISION

### Support & Help Society

It is our endeavor To provide timely and meaningful support to needy children & women by effectively implementing projects in the area of Health, Education and Nutrition, which have a sustainable, cost effective and positive impact on society & Environment so much better that every animal, bird, tree, plant and human being here can live healthy and freely and everyone can get equality.

## OUR MISSION

### Empowering Underprivileged

To give wings to the hopes and aspirations of the underprivileged and empower the weaker sections, empowering them for a better tomorrow of the society towards self-reliance and human dignity.





## **ACKNOWLEDGEMENTS:**

We would like to sincerely thank everyone - donors, beneficiaries, members, staff, faculty, volunteers, and well-wishers for their constant and selfless support and encouragement. The family of Do Better Foundation have always aimed for excellence in all endeavors. Everyone has contributed towards making these initiatives successful and resolved to make a difference in response to the changing needs of our society.

We give utmost importance to the painstaking efforts and time investment of each of our stakeholders more than the financial contribution. We have always felt that as our relationships deepen, we are collectively able to handle all challenges - money, effort, technology, resources or any other. We consider it a great privilege and honor to be a part of such a committed team as Do Better Foundation prepares to scale new heights of service to the society with a different set of challenges.



# Programs

Do Better Foundation working community programs in Sri Niwas Puri at South Delhi. Do Better Foundation is working for children and women. We are doing the work of making them capable in the society and making them aware of their rights. Efforts are being made to make them strong through free education and skill training programs.

## 1. Educate Children

There are still many children in the society who are enrolled in schools but they do not have any understanding of schooling. The children acquire a lot of knowledge according to their class level and they are mostly the children of the community because their parents themselves are not literate, so they cannot teach the children, as a result, there is a lot of problem in the education of the children. . They do not know the study society, eventually they stop going to school and study.

To meet these lacks, this year we started an education program for all community children where they are getting free education with study materials. Our teachers give education to the children like a mentor, so that the children can mix with them properly. We do not give high standard education to the children but fix their basic so that they can do further studies properly. The teacher teaches the children according to their ability so that the child can be educated properly

We also organized many curricular activities with all the children, in which children participated freely and showed their talents whether it was dancing or singing, painting or sports. Different activities have been organized for the children on different occasions and all the children have been rewarded for their participation. Due to which his morale remained high and he continued to participate in all such activities in the future as well.

<u>Admitted in Do Better Foundation</u>											
Months	Jun	New beneficiaries served by us.									Total Number of Beneficiaries
		Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	
New Beneficiaries	30	10	5	0	10	1	6	10	8	2	82



## 2. Women Welfare

A woman concerned with the maintenance of the family often neglects herself for the sake of those close to her. Keeping this in mind, Do Better Foundation has started a program for women, in which we provide awareness as well as education to women and awareness about the need for self-maintenance and how to do it. she's understands that it is beneficial not only for her but for his entire family.

This year, along with education, we got housewives to take part in several awareness programs which were organized for them only, in which what should be done during menstruation and how important education is was explained to everyone.

<u>Admitted in Do Better Foundation</u>											
Months	Jun	New beneficiaries served by us.									Total Number of Beneficiaries
		Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	
New Beneficiaries	10	5	6	0	10	1	2	0	1	2	37





# Health and Awareness programs

## Health camp

Health and hygiene is an alarming issue in the present time. According to WHO, health is a state of mental, spiritual, physical, and social well-being. In India malnutrition is the main cause of deprived families

Poor community's People are forced in their everyday life that they are not able to take care of their health because for them employment is more important than their health. They have to run their own family and such people earn daily, to live daily.

To help them, it our small efforts to organized medical camps with the help of organization at Sri Niwas Puri. This year we organized health check-up camps in community. where people were provided free check-up and medicines, People got their tests done in the health camp, which gave them a lot of relief and also saved them from going to the hospital. The camp was organized as part of an initiative to help improve the health of all people and children. After this effort, tips were also given to live a safe and healthy life despite the continuous monitoring of health in the community.

Total Medical Camp
• Total medical camps: 10
• People Covered: 1000
• Tests Covered: heart, general body checkup, Blood, Teeth.



## **Save Environment**

Saving Environment is not a stumbling block, it's the endurance of life. Resources make life possible on earth. Without sunshine, air, water, and vegetation, life is not possible. By greed and selfishness of humans, the earth is continuously degrading its resources like air, water, and forests. Air pollution, water pollution, land degradation, and deforestation have been caused due to man's actions. When air, water, land, and vegetation come under threat by human activities, all life form, including man is under peril.

Environment refers to the natural environment. It is God's gift to man. Unfortunately, this gift is under serious threats due to human activities. Most noteworthy, this damage is posing a risk to the existence of living beings. So, this year we did awareness activities with the people of the community to make people aware of how endangered this nature is and how important it is for us. How to contribute to nature. More than 80 youth and children participated in this activity where we put some issues in front of the community people like planting trees, lack of pure water and keeping it clean environment by the youth and children of the community and explained them that trees, plants, Pure water, clean environment is important for us and for our future generations.



## **Animal Welfare**

Animal welfare is important because too many animals around the world suffer because of being used for entertainment, food, medicine, fashion, scientific advancement, and as exotic pets. Every animal deserves a good life and this is what we want to bring to the notice of the people for which awareness programs were also done and this year we fed many animals like dogs, cows, birds etc. and in the hot summer we arranged water for animals like dogs ,birds...



## **Gender Awareness**

Gender awareness is an understanding that there are socially determined differences between women and men based on learned behavior. These affect their ability to access and control resources.

We explained this to the children so that they can understand from now on how important it is to understand gender equality and they can implement it in their lives and move forward together.





## Hygiene Awareness

Good personal hygiene is one of the best ways to protect yourself from gastro or infectious diseases such as COVID-19, cold and flu. Washing hands with soap removes germs that can make you sick.

We keep on doing awareness programs where we teach children how to maintain cleanliness, as well as sensitize the people of the community so that they take it seriously and take care of cleanliness, so that they keep themselves and their neighbors as well as the surrounding Can also make people aware. The neighborhood can also be mindful and explain how maintaining personal hygiene will help prevent you from spreading diseases to other people.

### Personal hygiene includes:

- cleaning your body every day
- washing your hands with soap after going to the toilet
- brushing your teeth twice a day
- covering your mouth and nose with a tissue (or your sleeve) when sneezing or coughing
- washing your hands after handling pets and other animals
- don't defecate in the open, etc...



## Memorable Events

### Recreational Activities

#### Writing & Drawing Competition On Children Day.



#### Drawing Competition On Gandhi Jayanti



#### Art & Craft



#### Akhbari Craft Karyashala Jawahar Bhawan RGF





## SEL Workshop Wonder Room Jawahar Bhawan RGF



## Celebrations

### Diwali Celebration



### New Year Celebration



### Republic Day Celebration



### Birthday Celebration of Rahul Sir (Director Do Better Foundation,)





## Janamashtmi Celebration



## Azadi Ka Amrit Mahotsav, Independence Day



## Exposure Visit

### Visit at India Gate



### Visit at Sunder Nursery Park, Delhi



### Visit at National Museum



# Gift Distribution

## Notebook Gifts Distribution Dallupura Center 2



## Stationery Gifts Distribution



## Notebook Gifts Distribution Srinivasapuri Centre 1





## Gifts Distribution



## Winter Help For Children





## **SUCCESS STORY**

Name- Anshu

Age- 12yr

Address- T-81A Sri Niwas Puri, South Delhi-65



Anshu was one of the beneficiaries of Do Better Foundation. He had joined us on 01/06/2022. He also used to participate in many activities of the organization. Anshu is a special needs child. He is a hunchback and his parents financial condition is also not good yet he is determined to study.

### **Concern:-**

The child's family was not at all worried about the child's future and did not even enroll the child in any school. After talking to the family, one thing came to know that the child's family was not at all serious about the child and were not aware of his future.

Whatever the child could read and write, he had learned through his hard work.

### **Efforts:-**

After knowing the condition of the child. We counseled the child's family and made them aware of the child's ability.

The founder cum director of Do Better Foundation took the child's family to the nearest school G.B. Pant and got the child admitted and also provided study materials to the child. so that he could start his studies well.

### **Outcome:-**

Anshu has now started going to school and his father drops him to school every day and also goes to pick him up. Even though in today's time the child is not the beneficiary of the do better foundation but our team keep following up with him which shows that the child is still happy and goes to school. has passed in the recent final examination and Promoted to higher class.

# Audit Report

**SINGH MUKESH & ASSOCIATES**

Chartered Accountants



**Name of Trust- Do Better Foundation**

**Registration No- 3841/New Delhi**

## AUDIT REPORT

We have audited the attached Balance Sheet of DO BETTER FOUNDATION, New Delhi as on 31<sup>st</sup> March 2023 and the Income and Expenditure Account for the year ended on that date. These financial statements are responsibility of Board of Trustees.

Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with generally accepted auditing standards in India. These Standards requires that we plan and perform the audit to obtain reasonable assurance whether the financial statements are free from material misstatements. Our audit is not an inspection which is carried out for specific purpose such as to detect fraud. We believe that our audit provides a reasonable basis for our opinion.

Subject to above, we report as under:

1. That the accounts are maintained regularly and in accordance with the provision of the Act and rules.
2. That the receipts and disbursements are properly and correctly shown in the account.
3. That the cash balance and the vouchers are in the custody and records required by us were produced before us.
4. The Books, Deeds, Vouchers and other documents and records required by us were produced before us.
5. That the Trustee Mr. Rahul appeared before us and furnished the necessary information required by us.
6. That no property of fund of the Trust were applied for any object or purpose other than the objects or purpose of the Trust.

Place: New Delhi

Date: 15/04/2024



for Singh Mukesh & Associates  
Chartered Accountants

(Mukesh Kumar Singh)  
Prop.

# Balance Sheet

**DO BETTER FOUNDATION**  
**296, HARI NAGAR ASHRAM, NEW DELHI-110014**

Balance Sheet as at March 31, 2023				
<u>Capital Fund</u>			<u>Fixed Assets</u>	
Corpus Fund	1,100.00			
Less: Excess of Expenditure over Income	(2,006.30)	(906.30)	<u>Current Assets</u>	
Expense Payable		6,000.00	Bank balance	3,598.70
			Cash Balance	1,495.00
		<b>5,093.70</b>		<b>5,093.70</b>

Compiled from the record produced before us and  
 Information & Explanation given to us

For & On Behalf of  
 For Singh Mukesh & Associates  
 Chartered Accountants



(Prop.)  
 CA Mukesh Kumar  
 M.no. 545745

UDIN-2452574513KAGIG1308

Date - 15/04/2024



## Income Expenditure

DO BETTER FOUNDATION

296, HARI NAGAR ASHRAM, NEW DELHI-110014

Income and Expenditure for the year ended March 31, 2023			
Expenditure	Amount	Income	Amount
Bank Charges	159.30	Donation	101,300.00
Books Distribution	10,500.00	Bank Interest	48.00
Function Expense	20,123.00		
Health Checkup and Medicine Distribution	18,620.00		
Local Convenyance	4,262.00		
Printing & Stationery	16,690.00		
Teaching Expense	33,000.00		
Excess of Income over Expenditure	(2,006.30)		
	101,348.00		101,348.00

Compiled from the record produced before us and  
Information & Explanation given to us

For & On Behalf of  
For Singh Mukesh & Associates  
Chartered Accountants



(Prop.)  
CA Mukesh Kumar  
M.no. 545745

UDIN - 24545745151467261308

Date - 15/04/2024

## Receipt and Payment Account

DO BETTER FOUNDATION

296, HARI NAGAR ASHRAM, NEW DELHI-110014

Receipt and Payment Account for the year Ended March 31, 2023			
Receipts	Amount	Payments	Amount
Corpus Fund	1,100.00	Bank Charges	159.30
Donation	101,300.00	Books Distribution	10,500.00
Bank Interest	48.00	Function Expense	20,123.00
		Health Checkup and Medicine Distribution	18,620.00
		Local Conveyance	4,262.00
		Printing & Stationery	16,690.00
		Teaching Expense	27,000.00
		Cash Balance	1,495.00
		Bank Balance	3,598.70
	<b>102,448.00</b>		<b>102,448.00</b>

Compiled from the record produced before us and  
Information & Explanation given to us

For & On Behalf of  
For Singh Mukesh & Associates  
Chartered Accountants



Prop.  
CA Mukesh Kumar  
M.no. 545745

## Support us

- \* You can give your contribution in our future plan according to your own.
- \* If you wish to sponsor a child (which includes education, medical needs, sports and recreation etc.) then you can help us in that as well as if you wish to help in any other program then you can do that too.
- \* You can sponsor a day trip for children or women or both of your choice and arrange transport service for them.
- \* You can arrange food or snacks for all the beneficiaries of Do Better Foundation.
- \* By donating some amount, you can help us in furthering the skill of children or women.
- \* Health camps can also be organized whose benefits can be taken by the people.
- \* You can also help children and women by giving them study material for their education or essential goods.
- \* You can help us to save the mother nature and also support us by contributing some amount to help the helpless animals. So that we can serve them by planning to help them with that amount.
- \* You can also help our NGO to move forward strongly.



## We seek your Contribution

You can donate through Cheque, NEFT, UPI or CASH in favour of Do Better Foundation by making Payment through Punjab & Sind Bank, Branch Siddhart Enclave, Ashram Chowk, Delhi-110014.

Account Name: DO BETTER FOUNDATION

Account Number-06121000102382

IFSC : PSIB0000612

MICR: 110023047

PAN: AAETD1184E

UPI ID: 9667359677@psbpay



All donation are exempted under section 80g of the income tax act of 1961



Thank You

## DO BETTER FOUNDATION

Lets create some good vibes...

 296, Hari Nagar Ashram New Delhi 110014

 Phone Number:-9667359677

 Email ID:-dobetterfoundation22@gmail.com

 Website- [www.dobetterfoundation.in](http://www.dobetterfoundation.in)

For updates of our NGO please follow us on following social media handles



Dobetterfoundation0506



@Dobetter\_foundation



@Dobetterngo